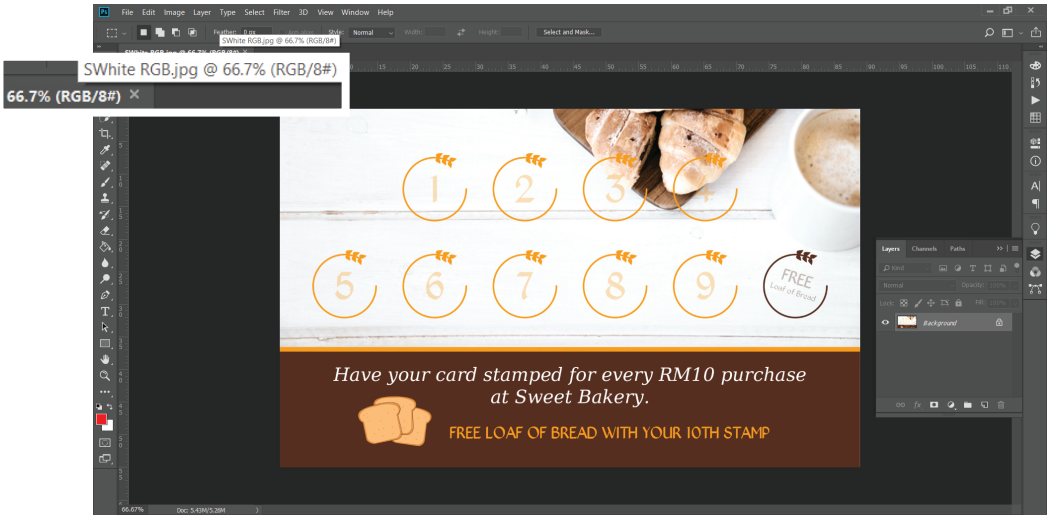
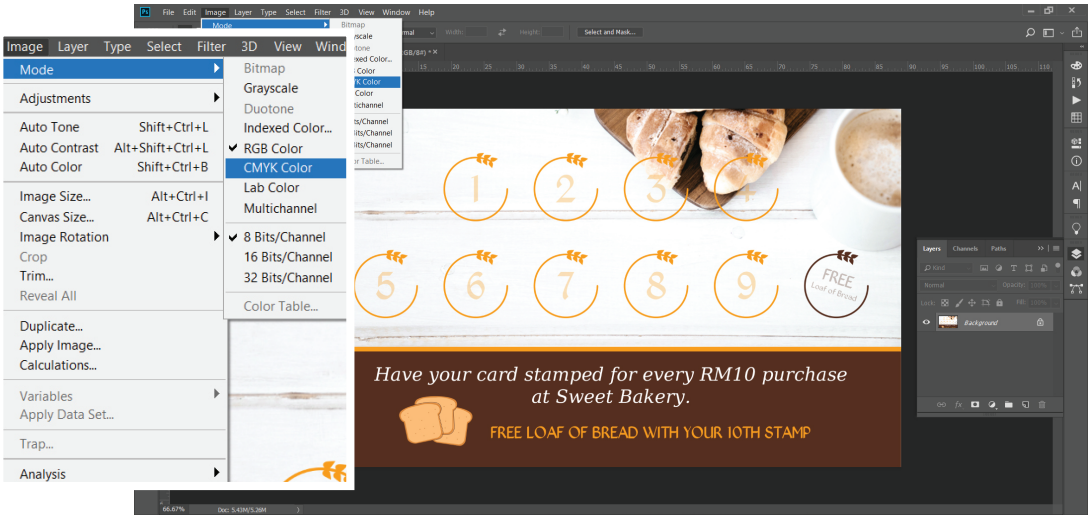
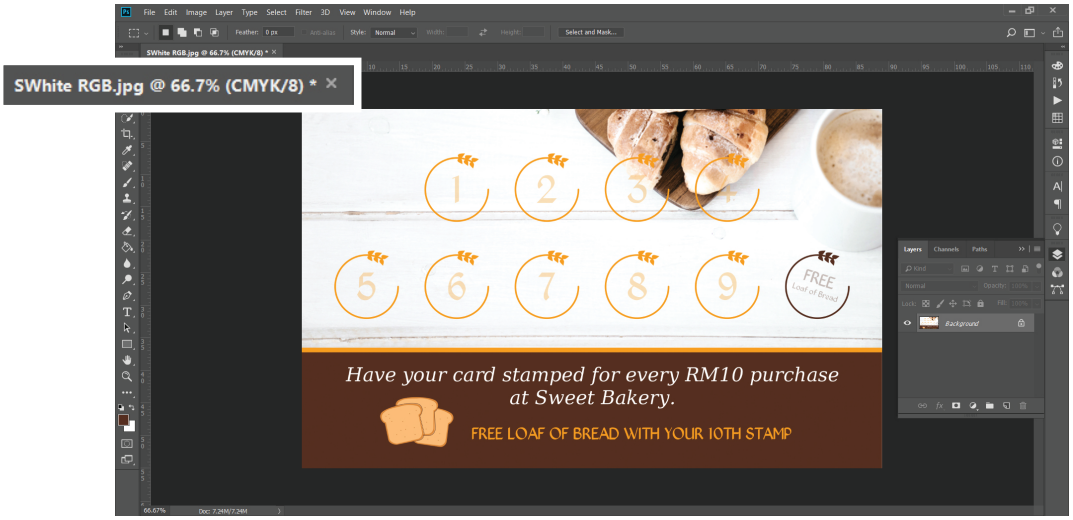
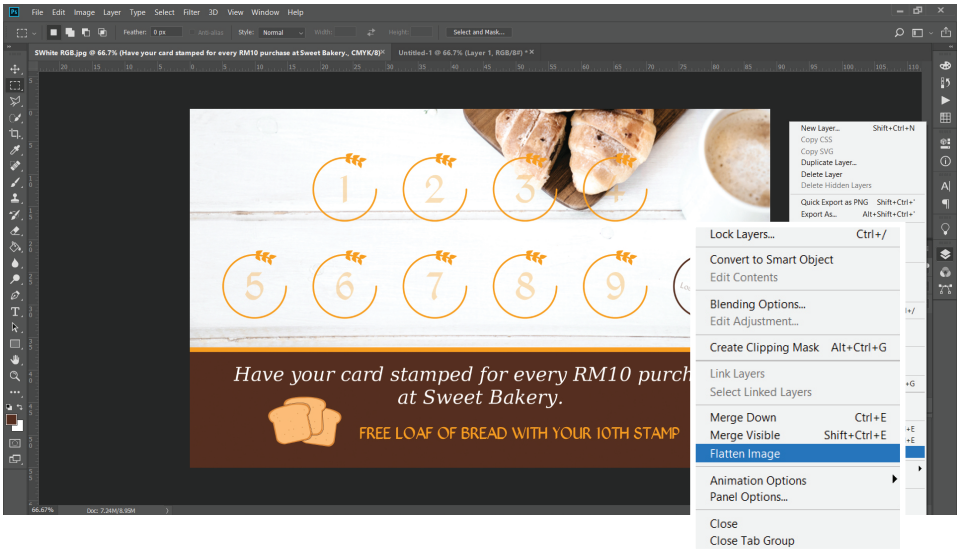
Step 1 : Current document mode is RGB



Step 2 : Go to Image > Mode > CMYK Color



Step 3 : Done convert the whole artwork to CMYK



Step 4 : Go to Layer > Flatten Image & save the artwork to PDF