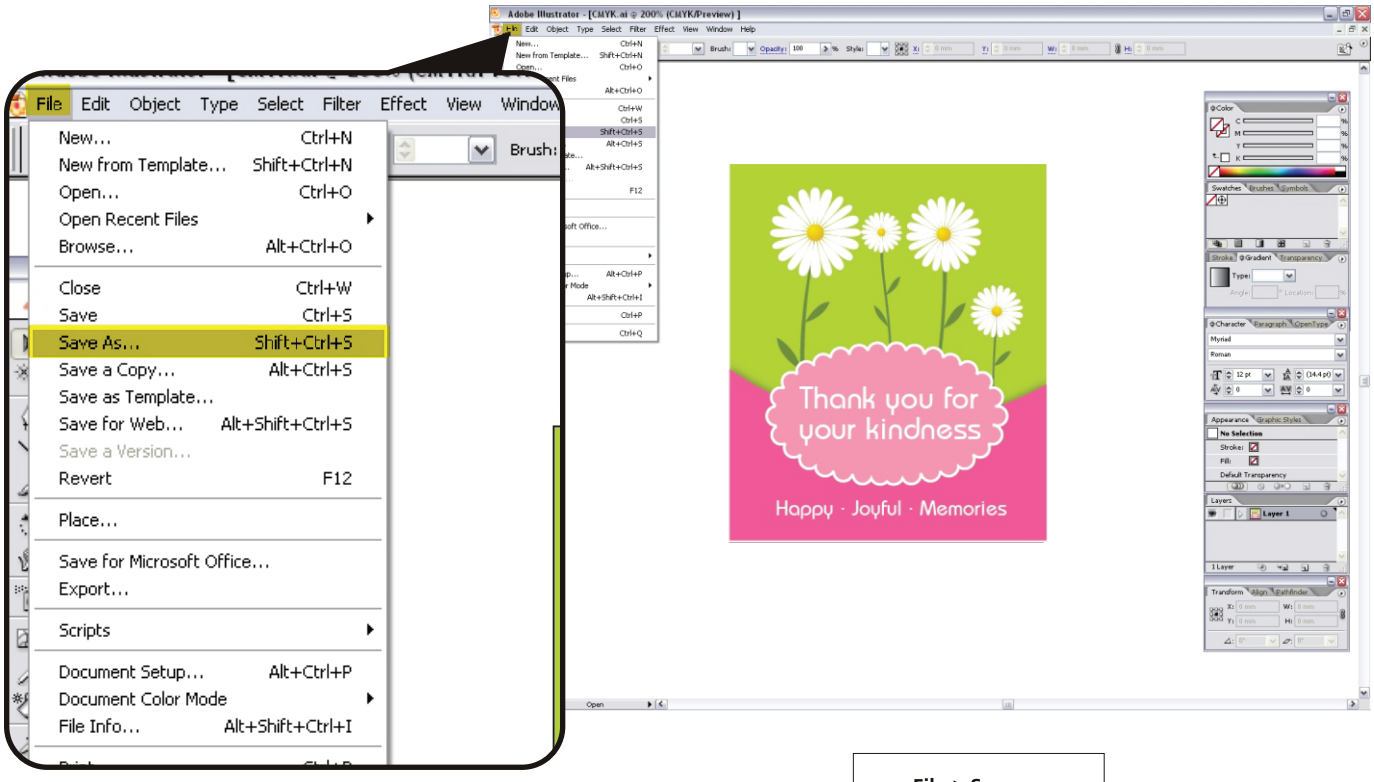
Step 01 - Select CMYK Color

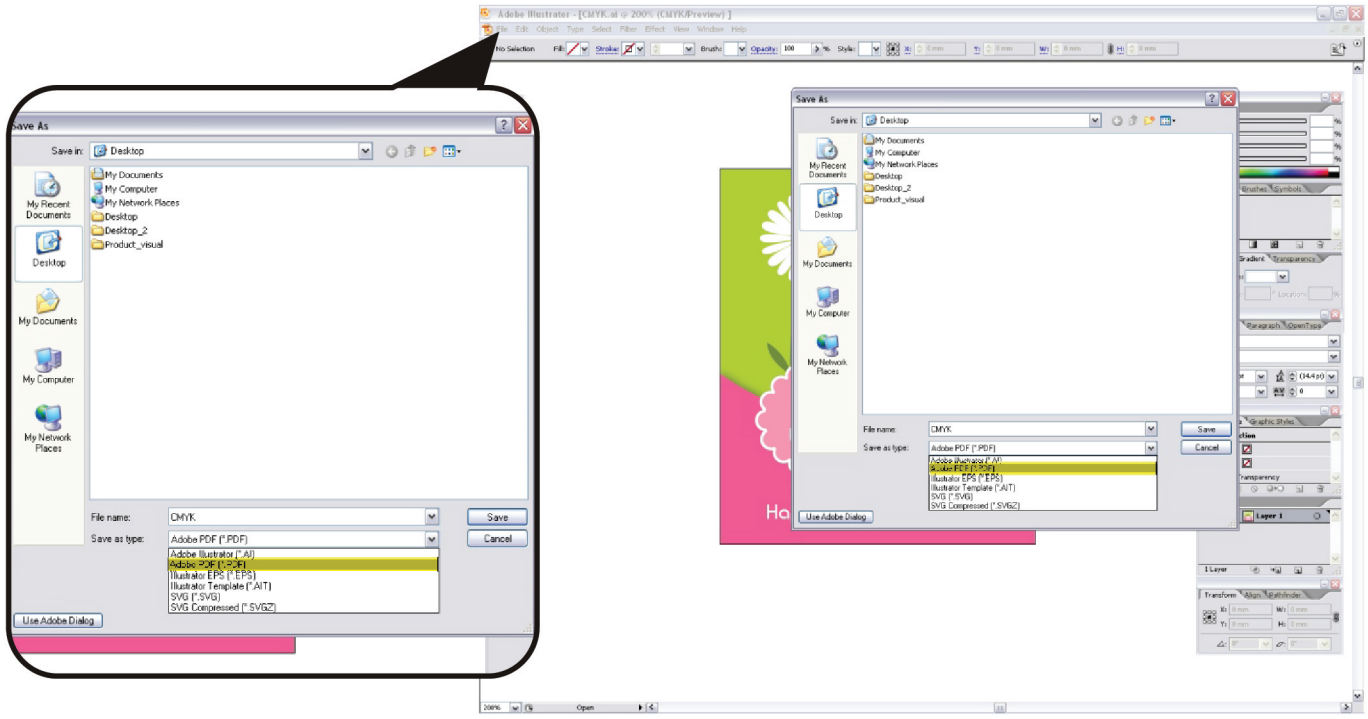
File > Document Color Mode >CMYK Color

Step 02 - Save As PDF

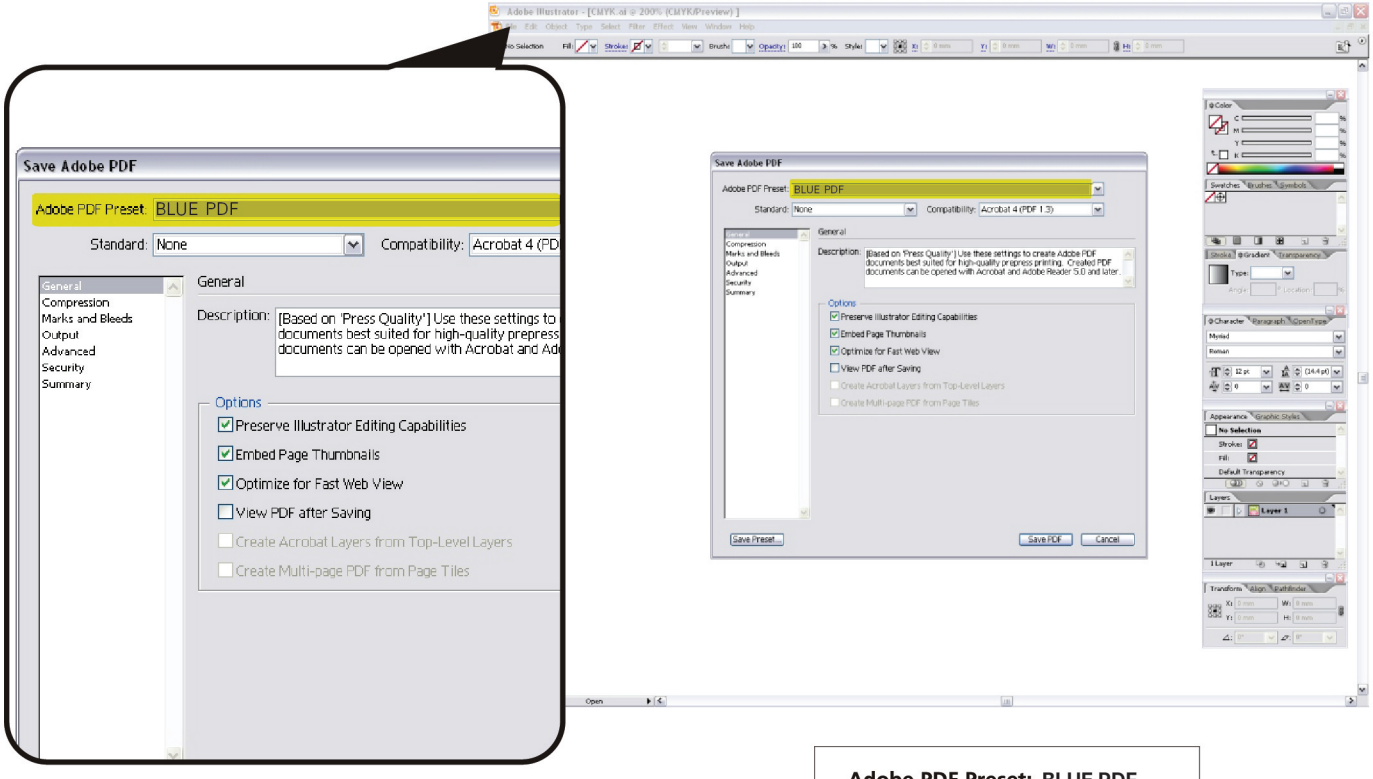


File > Save as

Step 03 - Choosing PDF Style



Step 04 - Save As PDF File



Adobe PDF Preset: BLUE PDF