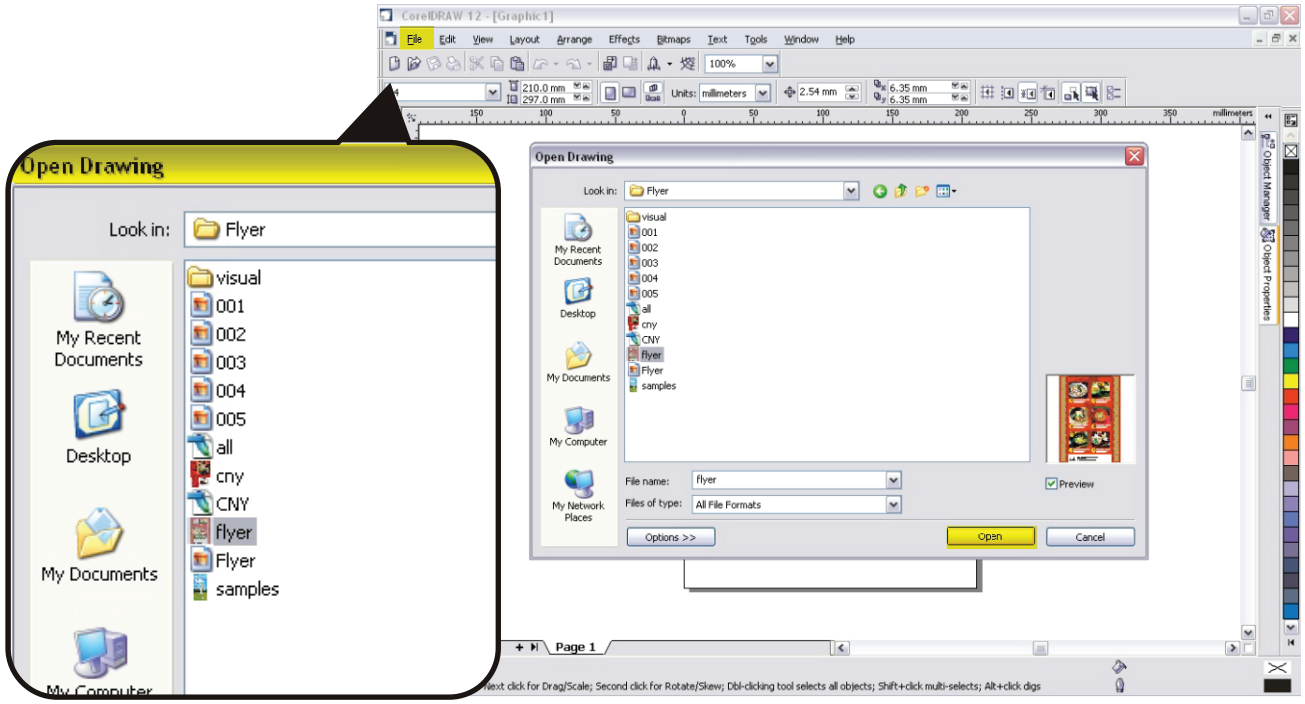
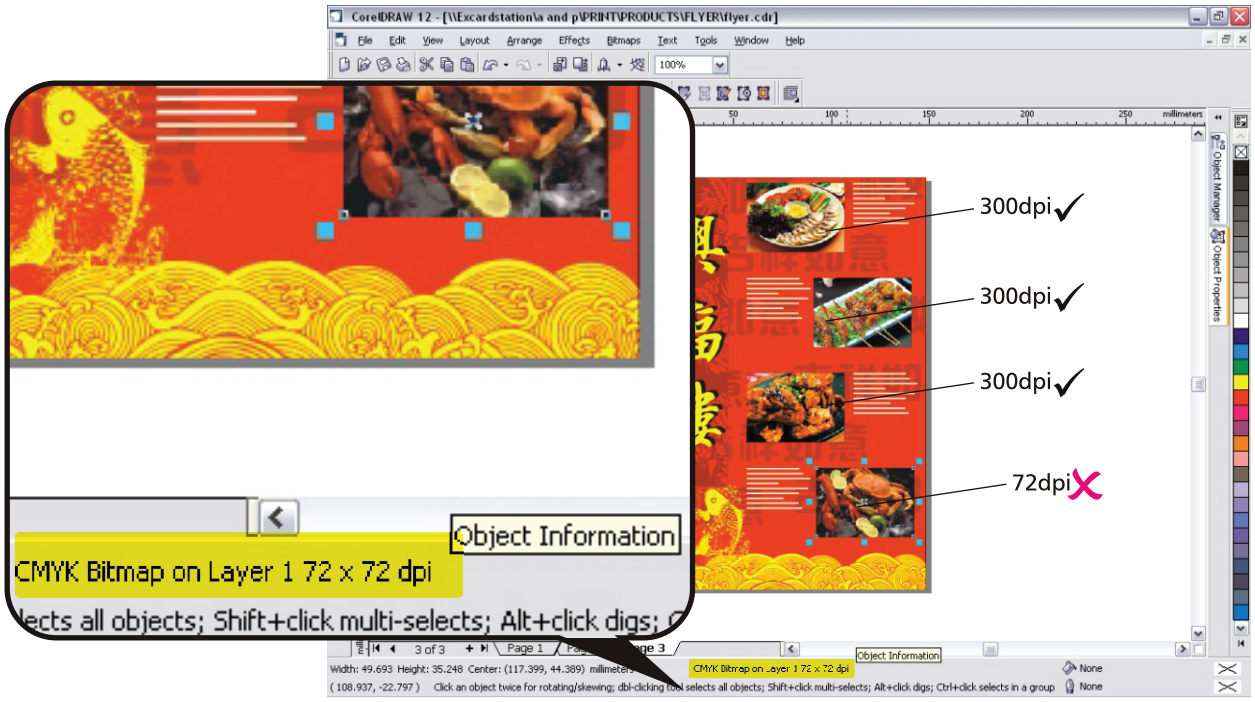
Step 01 - Open the file



Menu bar > File > Open or **Ctrl + O**

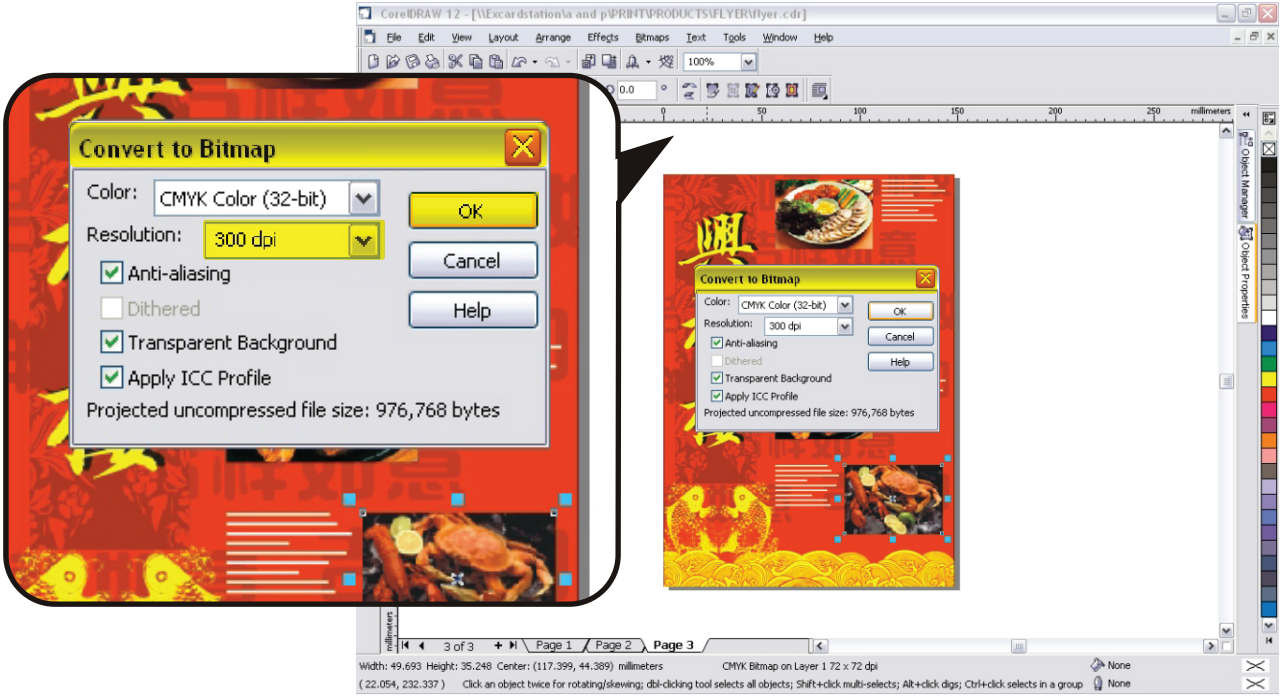
Step 02 - Check the Image Size



Step 03 - Select the Low Res images convert to High Res image

Menu bar > Bitmaps > Convert to Bitmaps

Step 04 - Change 72dpi to 300dpi than click OK



Step 05 - Check the image

Note: If your original image is less than 300dpi, converting it into High resolution will not sharpen it in print.
Therefore, ensure the images you use in your artwork are ideally 300dpi in their original state.