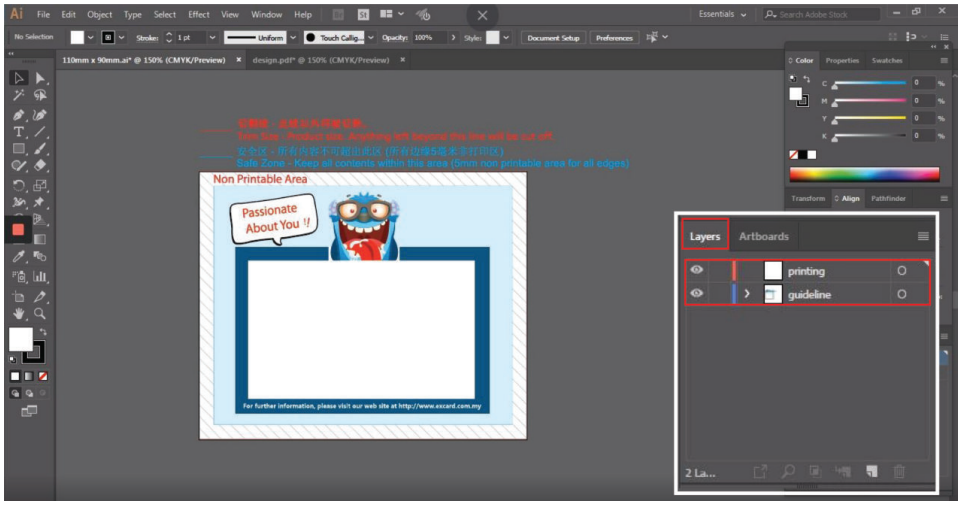
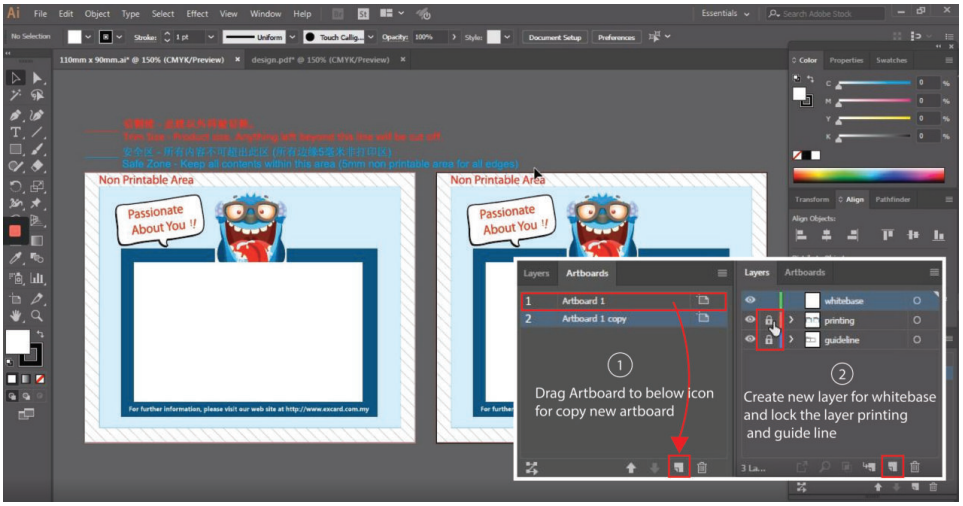
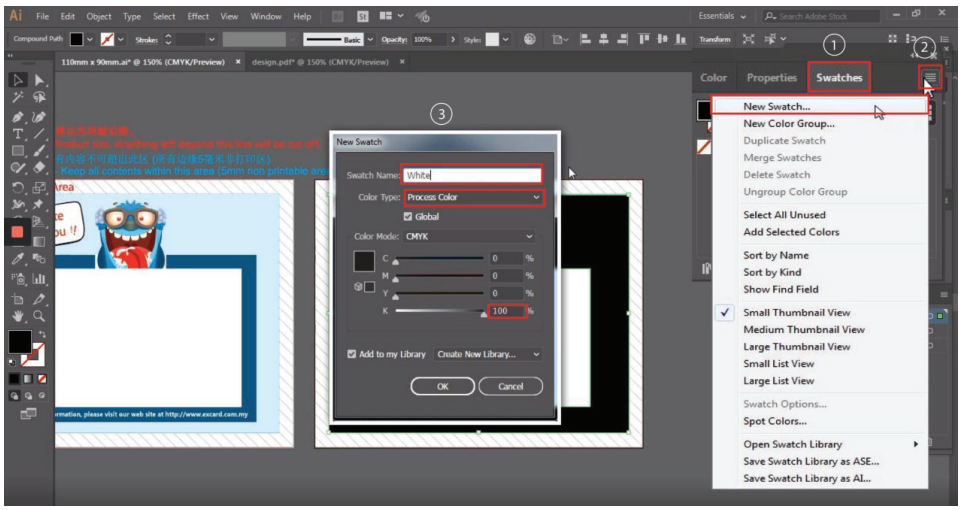
Step 1 : Open product size template and rename layer to guideline and create new layer for printing artwork, make sure design do within safe zone (blue line).



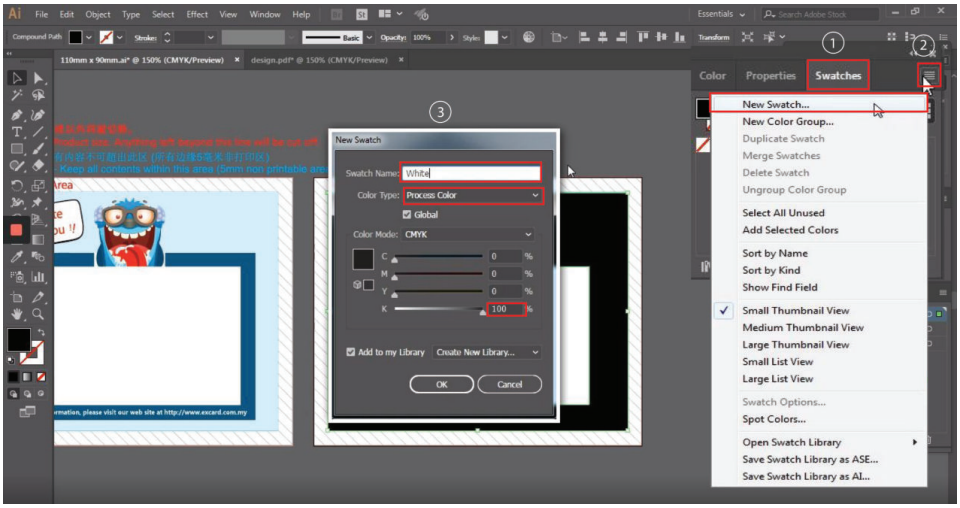
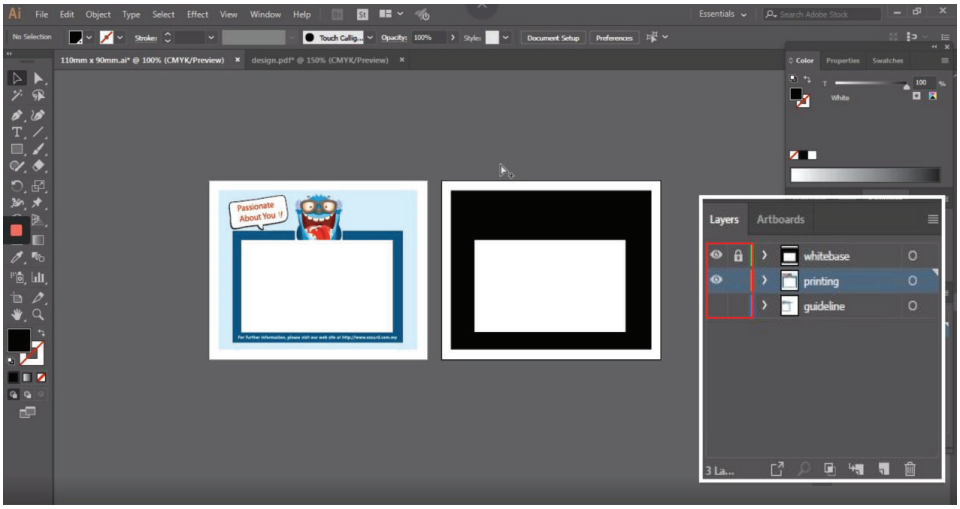
Step 2 : Duplicate new artboard and create new layer for white base artwork, lock the layer printing and guideline.



Step 3 : Draw design white base (make sure all design within safe zone), 3. go to Pathfinder cut out the shape if white base artwork have transparent design inside.



Step 4 : Go to “Swatches” create new swatches for pantone “White” colour.



Step 5 : Lock layer white base, unlock and delete guide line and printing design in artboard 2 and hide the view mode for guide line and done.